

Out Of Habit



Choreographer: Daniel Trepas (Mei 2005)
Level: Newcomer/Novice
Counts: 32 counts - 2 wall line dance - East Coast Swing
Music: Out If Habit by, BR5-49

Start: When the beat comes in start after 24 counts.
Restart: Dance wall 4 until count 16, then start again.

Shuffle 1/2 turn, shuffle backwards, side shuffle to right, side shuffle to left.

1 RF Step forward, 1/4 turn left
& LF Step together
2 RF Step backwards, 1/4 turn left
3 LF Step backwards
& RF Step together
4 LF Step backwards
5 RF Step to the right
& LF Step together
6 RF Step to the right
7 LF Step to the left
& RF Step together
8 LF Step to the left

Kick forward, kick with 1/4 turn right, coasterstep, kick forward, kick with 1/4 turn, coasterstep.

1 RF Kick forward
2 RF Turn 1/4 right on LF and kick forward
3 RF Step backwards
& LF Step together
4 RF Step forward
5 LF Kick forward
6 LF Turn 1/4 left on RF and kick forward
7 LF Step backwards
& RF Step together
8 LF Step forward

Kicks forward, boogie walks, touch.

1 RF Kick forward
2 RF Step together
3 LF Kick forward
4 LF Step together
5 RF Step forward, hold your knee against your L.knee
6 LF Step forward, hold your knee against your R.knee
7 RF Step forward, hold your knee against your L.knee
8 LF Touch next to RF

Big step left, slide, dixie kick forward, low kick backwards.

1 LF Big step to the left
2-3-4 RF Slide till next to LF, without weight
5 RF Kick right heel forward
6 Hold
7 RF Low kick backwards
8 Hold

Start over again.